

PSHE Whole School Curriculum Map

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Me and My Relationships	Valuing Difference	Being my Best	Growing and Changing	Keeping Safe	Rights and Respect
Reception	Me and My Relationships	Valuing Difference	Rights and Respect	Keeping Safe	Growing and changing	Being my Best
Year 1	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
Year 2	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
Year 3	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
Year 4	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
Year 5	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
Year 6	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing

Health and wellbeing	Relationships	Living in the wider world
Healthy lifestyles, Mental health, Ourselves, growing and changing, Keeping safe, Drugs, alcohol and tobacco	Families and close positive relationships, Friendships, Managing hurtful behaviour and bullying, Safe relationships, Respect self and others	Aspirations, work and career, Economic wellbeing, Media literacy and digital resilience, Communities, Shared responsibilities

