

## Whole-school curriculum overview map - PSHE

Year Group	Autumn 1:	Autumn 2:	Spring 1:	Spring 2:	Summer 1:	Summer 2:
N	Me and My Relationships	Valuing Difference	Being My Best	Growing and Changing	Keeping Safe	Rights and Respect
	<ul style="list-style-type: none"> <li>• Marvellous me!</li> <li>• I'm special</li> <li>• People who are special to me</li> </ul>	<ul style="list-style-type: none"> <li>• Me and my friends</li> <li>• Friends and family</li> <li>• Including everyone</li> </ul>	<ul style="list-style-type: none"> <li>• What does my body need?</li> <li>• I can keep trying</li> <li>• I can do it!</li> </ul>	<ul style="list-style-type: none"> <li>• Growing and changing in nature</li> <li>• When I was a baby</li> <li>• Girls, boys and families</li> </ul>	<ul style="list-style-type: none"> <li>• People who help me and keep me safe</li> <li>• Safety indoors and outdoors</li> <li>• What's safe to go into my body</li> </ul>	<ul style="list-style-type: none"> <li>• Looking after myself</li> <li>• Looking after others</li> <li>• Looking after my environment</li> </ul>
Rec	Me and My Relationships	Valuing Difference	Rights and Respect	Keeping Safe	Growing and Changing	Being My Best
	<ul style="list-style-type: none"> <li>• All about me</li> <li>• What makes me special</li> <li>• Me and my special people</li> <li>• Who can help me</li> <li>• My feelings</li> </ul>	<ul style="list-style-type: none"> <li>• I'm special, you're special</li> <li>• Same and different families</li> <li>• Same and different homes</li> <li>• I am caring</li> <li>• I am a friend</li> </ul>	<ul style="list-style-type: none"> <li>• Looking after my special people</li> <li>• Looking after my friends</li> <li>• Being helpful at home and caring for our classroom</li> <li>• Caring for our world</li> <li>• Looking after money – Recognise and spending</li> </ul>	<ul style="list-style-type: none"> <li>• What's safe to go onto my body</li> <li>• What's safe to go into my body</li> <li>• Safe indoors and outdoors</li> <li>• Listening to my feelings</li> <li>• Keeping safe online</li> <li>• People who help me to keep safe</li> </ul>	<ul style="list-style-type: none"> <li>• Seasons</li> <li>• Life stages – plants, animals and humans</li> <li>• Life stages – Human life stage, who will I be?</li> <li>• Getting bigger</li> </ul>	<ul style="list-style-type: none"> <li>• Bouncing back when things go wrong</li> <li>• Yes I can!</li> <li>• Healthy eating</li> <li>• My healthy mind</li> <li>• Move your body</li> <li>• A good night's sleep</li> </ul>

			<ul style="list-style-type: none"> <li>Looking after money – saving and keeping it safe</li> </ul>			
Y1	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
	<ul style="list-style-type: none"> <li>Why we have classroom rules</li> <li>How are you listening?</li> <li>Thinking about feelings</li> <li>Our feelings</li> <li>Feelings and bodies</li> <li>Good friends</li> </ul>	<ul style="list-style-type: none"> <li>Same or different</li> <li>Unkind, tease or bully?</li> <li>Harold's school rules</li> <li>It's not fair</li> <li>Who are our special people?</li> <li>Our special people balloons</li> </ul>	<ul style="list-style-type: none"> <li>Super sleep</li> <li>Who can help? 1</li> <li>Good or bad touches</li> <li>Sharing pictures</li> <li>What could Harold do?</li> <li>Harold loses Geoffrey</li> </ul>	<ul style="list-style-type: none"> <li>Harold has a bad day</li> <li>Around and about the school</li> <li>Taking care of something</li> <li>Harold's money</li> <li>How should we look after our money?</li> <li>Basic First Aid</li> </ul>	<ul style="list-style-type: none"> <li>I can eat a rainbow</li> <li>Eat well</li> <li>Harold's wash and brush up</li> <li>Catch it, Bin it, Kill it</li> <li>Harold learns to ride his bike</li> <li>Pass on the praise</li> </ul>	<ul style="list-style-type: none"> <li>Healthy me</li> <li>Then and now</li> <li>Taking care of a baby</li> <li>Who can help? 2</li> <li>Surprises and secrets</li> <li>Keeping privates private</li> </ul>
Y2	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
	<ul style="list-style-type: none"> <li>Our ideal classroom 1</li> <li>Our Ideal classroom 2</li> <li>How are you feeling today?</li> <li>Let's all be happy</li> <li>Being a good friend</li> <li>Types of bullying</li> <li>Don't do that</li> </ul>	<ul style="list-style-type: none"> <li>What makes us who we are?</li> <li>My special people</li> <li>How do we make others feel?</li> <li>When someone is feeling left out</li> <li>An act of kindness</li> <li>Solve the problem</li> </ul>	<ul style="list-style-type: none"> <li>Harold's picnic</li> <li>How safe would you feel?</li> <li>What should Harold say?</li> <li>I don't like that</li> <li>Fun or not?</li> <li>Should I tell?</li> </ul>	<ul style="list-style-type: none"> <li>Getting on with others</li> <li>When I feel like erupting</li> <li>Feeling safe</li> <li>Playing games</li> <li>Harold saves for something special</li> <li>How can we look after our environment?</li> </ul>	<ul style="list-style-type: none"> <li>You can do it</li> <li>My day</li> <li>Harold's postcard – helping us to keep clean and healthy</li> <li>Harold's bathroom</li> <li>What does my body do?</li> <li>Basic First Aid</li> </ul>	<ul style="list-style-type: none"> <li>A helping hand</li> <li>Sam moves house</li> <li>Haven't you grown</li> <li>My body, your body</li> <li>Respecting privacy</li> <li>Some secrets should never be kept</li> </ul>

Y3	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
	<ul style="list-style-type: none"> <li>As a rule</li> <li>Looking after our special people</li> <li>How can we solve this problem?</li> <li>Friends are special</li> <li>Thunks</li> <li>Dan's dare</li> </ul>	<ul style="list-style-type: none"> <li>Respect and challenge</li> <li>Family and friends</li> <li>My community</li> <li>Our friends and neighbour</li> <li>Let's celebrate our differences</li> <li>Zeb</li> </ul>	<ul style="list-style-type: none"> <li>Safe or unsafe?</li> <li>Danger or risk?</li> <li>The risk robot</li> <li>Super searcher</li> <li>Help or harm?</li> <li>Alcohol and cigarettes: the facts</li> </ul>	<ul style="list-style-type: none"> <li>Helping each other to stay safe</li> <li>Recount task</li> <li>Our helpful volunteers</li> <li>Can Harold afford it?</li> <li>Earning money</li> <li>Harold's environment project</li> </ul>	<ul style="list-style-type: none"> <li>Derek cooks dinner</li> <li>Poorly Harold</li> <li>Body teamwork</li> <li>For or against?</li> <li>I am fantastic</li> <li>Top talents</li> </ul>	<ul style="list-style-type: none"> <li>Relationship tree</li> <li>Body space</li> <li>None of your business</li> <li>Secret or surprise?</li> <li>My changing body</li> <li>Basic First Aid</li> </ul>
Y4	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
	<ul style="list-style-type: none"> <li>Human machines</li> <li>Ok or not ok? Part 1</li> <li>Ok or not ok? Part 2</li> <li>An email from Harold</li> <li>Different feelings</li> <li>Under pressure</li> </ul>	<ul style="list-style-type: none"> <li>Can you sort it?</li> <li>What would I do?</li> <li>The people we share our world with</li> <li>That is such a stereotype</li> <li>Friend or acquaintance?</li> <li>Islands</li> </ul>	<ul style="list-style-type: none"> <li>Danger, risk or hazard?</li> <li>Picture wise</li> <li>How dare you!</li> <li>Medicines – check the label</li> <li>Know the norms</li> <li>Keeping ourselves safe</li> <li>Raisin challenge 2</li> </ul>	<ul style="list-style-type: none"> <li>Who helps us stay healthy and safe?</li> <li>It's your right</li> <li>How do we make a difference?</li> <li>In the news</li> <li>Safety in numbers</li> <li>Why pay taxes?</li> </ul>	<ul style="list-style-type: none"> <li>What makes me me!</li> <li>Making choices</li> <li>SCARF hotel</li> <li>Harold's seven Rs</li> <li>My school community 1</li> <li>Volunteering is cool</li> <li>Basic First Aid</li> </ul>	<ul style="list-style-type: none"> <li>Moving house</li> <li>My feelings are all over the place</li> <li>All change</li> <li>Preparing for change at puberty</li> <li>Secret or surprise?</li> <li>Together</li> </ul>
Y5	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing

	<ul style="list-style-type: none"> <li>• Collaboration challenge</li> <li>• Give and take</li> <li>• How good a friend are you?</li> <li>• Relationship cake recipe</li> <li>• Our emotional needs</li> <li>• Being assertive</li> </ul>	<ul style="list-style-type: none"> <li>• Qualities of friendship</li> <li>• Kind conversations</li> <li>• Happy being me</li> <li>• The land of the red people</li> <li>• Is it true?</li> <li>• Stop, Start, Stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>• Spot bullying</li> <li>• Play, Like, Share</li> <li>• Decision dilemmas</li> <li>• Ella's diary dilemma</li> <li>• Vaping: healthy, unhealthy</li> <li>• Would you risk it?</li> </ul>	<ul style="list-style-type: none"> <li>• What's the story?</li> <li>• Fact or opinion?</li> <li>• Mo makes a difference</li> <li>• Rights, respect and duties</li> <li>• Spending wisely</li> <li>• Lend us a fiver</li> </ul>	<ul style="list-style-type: none"> <li>• It all adds up</li> <li>• Different skills</li> <li>• My school community</li> <li>• Independence and responsibility</li> <li>• Star qualities</li> <li>• Basic First Aid</li> </ul>	<ul style="list-style-type: none"> <li>• How are they feeling?</li> <li>• Taking notice of our feelings</li> <li>• Dear Ash</li> <li>• Growing up and changing bodies</li> <li>• Changing bodies and feelings</li> <li>• Help I'm a teenager - get me out of here</li> </ul>
Y6	Me and My Relationships	Valuing Difference	Keeping Safe	Rights and Respect	Being My Best	Growing and Changing
	<ul style="list-style-type: none"> <li>• Working together</li> <li>• Solve the friendship problem</li> <li>• Behave yourself</li> <li>• Assertiveness skills</li> <li>• Acting appropriately</li> </ul>	<ul style="list-style-type: none"> <li>• Ok to be different</li> <li>• We have more in common than not</li> <li>• Respecting differences</li> <li>• Tolerance and respect for others</li> <li>• Advertising friendships</li> <li>• Boys will be boys – challenging gender stereotypes</li> </ul>	<ul style="list-style-type: none"> <li>• Think before you click</li> <li>• To share or not to share</li> <li>• Rat Park</li> <li>• What sort of drug is..?</li> <li>• Drugs: It's the law</li> <li>• Alcohol: What is normal?</li> </ul>	<ul style="list-style-type: none"> <li>• Two sides to every story</li> <li>• Fakebook friends</li> <li>• What's it worth?</li> <li>• Happy shoppers</li> <li>• Democracy in Britain – elections</li> <li>• Democracy in Britain – How most laws are made</li> </ul>	<ul style="list-style-type: none"> <li>• This will be your life</li> <li>• Our recommendations</li> <li>• What's the risk? 1</li> <li>• What's the risk? 2</li> <li>• Basic First Aid</li> <li>• Five ways to wellbeing project</li> </ul>	<ul style="list-style-type: none"> <li>• This will be your life</li> <li>• Our recommendations</li> <li>• What's the risk? 1</li> <li>• What's the risk? 2</li> <li>• Basic First Aid</li> <li>• Five ways to wellbeing project</li> </ul>