

# Helpful resources you can use at home

## LITERACY

### Suggested trips

Visit the local library (Northolt Road, South Harrow) and become a member. It is free and you can borrow lots of books to take home.

### At home you could

- Use lots of different types of pens, pencils, crayons to draw or make marks on different types of paper.
- Read books together. Talk about the pictures and what is happening in them.
- Let your child see you read too.
- Give your child a shopping list of pictures to help you with the supermarket shop.
- Sing songs and nursery rhymes.
- Listen to the different sounds you can hear. What made the sound? Can you make the sound?

### Websites

<https://www.bbc.co.uk/cbeebies>

<https://www.phonicsbloom.com/uk/game/list/phonics-games-phase-1>

## MATHS

### At home you could

- Sing counting rhymes.
- Practice counting 1 – 5
- Ask your child to count objects (to 5) Encourage them to touch them as they count.
- Look out for circle shapes in your house. (a circle is a flat shape, not a ball)
- Talk about objects that are bigger and smaller than each other.
- Begin to use words now and next to say what you are doing.

### Websites

<https://www.topmarks.co.uk/maths-games/3-5-years>

<https://home.oxfordowl.co.uk/kids-activities/fun-maths-games-and-activities/>

## Other activities

### Suggested trips

- Visit the park, woods, pet shop, lido and talk, talk, talk about what you are doing and what you can see.

### At home you could

- Practise putting coats and shoes on and off.
- Practise using the toilet (including pulling trousers up and down) and washing hands independently.
- Make a sandwich or a cake together.
- Play I spy but use colours instead of letters “I spy with my little eye, something coloured blue”
- Look at photos and videos of themselves and family members. Do they know who they are?
- If you start to help your child write their name, please write in lower case letters with a capital for the first letter only.

## Literacy

- Mark making using different materials – pens, pencils, crayons, paint
- Learning and joining in with nursery rhymes
- Becoming interested in books and pictures
- Look at books independently, handling them gently
- Begin to recognise their own name

## Phonics: Phase 1

- Listening to, recognising and talking about sounds in the environment

## Mathematics

- Recite numbers to at least 5
- Count 1:1 – point at objects and count them accurately
- Join in with number rhymes
- Begin to understand now and next by talking about the activities of the day
- Sort objects by size and colour
- Fill and empty containers
- Uses blocks to build shapes
- Finds shapes to fit in a puzzle

## Books we are reading this half term:

- Superheroes Love Starting Nursery
- Heads, Shoulders, Knees and Toes
- If You're Happy and You Know It
- A Handful of Buttons
- Anna's Amazing Multi Coloured Glasses
- Washing Line



# Nursery

Autumn 1 2023

## This Is Me!

## Personal, Social and Emotional

- Settling into nursery, learning and beginning to follow rules, routines, expectations and boundaries
- Explore and interact with new environments and people
- Make new friends
- Begin to develop some independence
- Begin to show and recognise different feelings

## Physical Development

- Develop fine motor skills – finger gym, threading
- Develop gross motor skills – getting dressed, running, jumping etc

## Communication and Language

- Listen to and begin to join in with rhymes
- Understand simple sentences
- Understand and follow simple non-verbal cues and instructions
- Copies simple words and phrases
- Begin to talk about things they like or can see
- Games to encourage listening and concentration

## Understanding the World

- Getting to know nursery
- Naming parts of the body and our senses
- Recognises themselves and their family in photos
- Shows curiosity about things around them
- Harvest festival
- Black History month

## Expressive Art and Design

- Move to music
- Role play activities using small world, construction and home corner
- Makes sound effects for their play
- Singing nursery rhymes with actions or musical instruments
- Use a variety of mark making tools