



# Earlsmead's News

[www.earlsmeadprimaryschool.co.uk](http://www.earlsmeadprimaryschool.co.uk)

February 2024

## Diary dates

### February 2024

**2nd-** NSPCC Number Day

**5th-** Children's Mental Health week begins

**6th-** Internet Safety Day

**12th-16th—** Half term

**19th-** INSET DAY

**20th-** Pupils back

**23rd-** Stand Up to Bullying

### March 2024

**1st-** St David's Day (wear red!)

**5th-** Multiplication Times Table Check- Parent Workshop - year 4

**7th-** World Book Day

**11th-** Parent Consultations

**11th-** British Science Week begins

**14th-** Pi Day

**18th-** Parent Consultations

**28th-** School finishes at 1:30pm

**29th March 12th April—** half term

### April 2024

**15th-** Pupils back

**22nd-** Earth Day 2024

**See our website  
calendar for more  
dates!**

Dear Parents and Carers,

We have had a very busy Spring Term so far. One key element that we have been working on is Phonics and Reading across the school.

At Earlsmead, we believe that reading is the gateway to all learning. Home reading plays a vital part in developing confident readers.

There can be few things as powerful as regularly reading to a young child. It has astonishing benefits for children - comfort, reassurance, confidence, security, relaxation, happiness and fun! Give your child time and your full attention when reading them a story tells them they matter. It builds self-esteem, vocabulary, connection and even improves their sleeping patterns!

Over Spring 1 we offered Reading Workshops for parents for Early Years, Key Stage 1 and Key Stage 2. These were very well attended and I thank those of who came along. We are hoping to develop an area of the website where recordings of such workshops can be uploaded for parents to watch later or catch up on anything they missed.

Please try to read with your children every day. There are three things that children can do to get better at reading: READ, READ and READ!!!

I wish you all a happy and safe break over the half-term holiday and look forward to welcoming children back on **Tuesday, 20th February** (Monday 19th is a staff training day) at 8.45am sharp for PARCs (Practise and ReCall Sessions).

I am also very excited to see the 'What is Science?' home learning projects when the children return!!

Ms Graham  
Headteacher



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# Attendance



School starts at **8.45am**, all children should be in their classrooms at this time.

**Our attendance target is 96%.** We must make every effort to ensure that all children are in school everyday unless they are ill.

The table below shows class attendance percentages for Spring 1 term (10th Jan— 06th Feb 2024)

Class	Attendance %	Class	Attendance %
Oaks	96.7%	Chestnuts	92.9%
Cedar	93.7%	Redwood	94.0%
Maple	94.4%	Cherry	98.1%
Ash	93.0%	Manuka	90.2%
Meranti	95.4%		
Birch	91.9%	Sycamore	92.1%
Elm	96.0%	Greenheart	96.4%

## Uniform

**Reminder:** Please ensure that the correct uniform is worn. Class teachers will be awarding **Dojo points** daily for the correct uniform!

Nursery	Reception to Year 6
<p>Royal blue tracksuit bottoms.</p> <p>Gold polo shirts.</p> <p>Royal blue shorts in the summer.</p> <p>Blue, gold, white or grey head scarves.</p> <p>Comfortable flat shoes or trainers.</p>	<p>Black trousers, tartan skirts.</p> <p>White cotton shirts tucked in to trousers or skirts.</p> <p>School tie.</p> <p>Royal blue jumpers with school logo.</p> <p>Blue and white or yellow and white summer dress</p> <p>Blue, yellow or white head scarf.</p> <p>Black flat school shoes or trainers.</p> <p>No high heels, boots or sandals.</p>



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# Achievements



**Congratulations** to the following children who received awards for positive behaviour for learning this half-term!



## **Redwood:**

Mahibah  
Yohan  
Elias  
Nawaf  
Jiyansh  
Giulia  
Naeamah  
Dhyan

## **Cedar:**

Darius  
Abisha  
Elizabeth  
Jalaal  
Swara  
Siyuja  
Momin  
Swara



## **Ash:**

Emmanuel  
Alia  
Zerya  
Naomi  
Alefiya  
Ayan  
Zerya

## **Manuka:**

Zack  
Rokan  
Sakina  
Supyan  
Abdullah  
Kavin  
Jeremiah  
Tahib



## **Cherry:**

Alex  
Rihan  
Abdulrazaq  
Reign  
Myra  
Rudra  
Musa  
Kabisa

## **Maple:**

Omar  
Reashvi  
Rachel  
Keziah  
Siraj  
Amelia  
Sofia



## **Greenheart:**

Lamar  
Heda  
Eli  
Ishan  
Insiyah  
Angelina  
Sakshana  
Pari

## **Elm:**

Shreyans  
Raqib  
Mura  
Ayat  
Diya  
Hanzala  
Emmanuel  
Mina



## **Meranti:**

Sami  
Nour  
Naya  
Micaiah  
Raiyan  
Eden

## **Birch:**

Haleema  
Aryoub  
Kevington  
Andreea  
Nidhi  
Sadiq  
Vinit  
Sakina

## **Sycamore:**

Aaron  
Lena  
Noor  
Bhaviya  
Yagana  
Izaan  
Ruman  
Carson



## Parents Open Sessions

It was lovely to see so many parents joining their children for foundation subjects!



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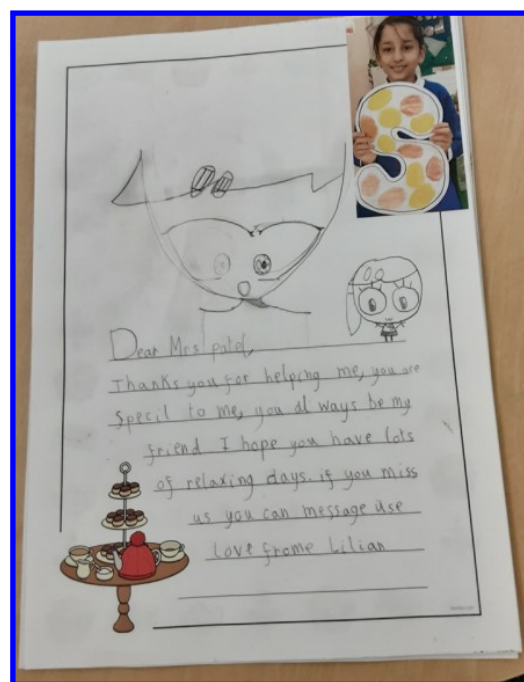
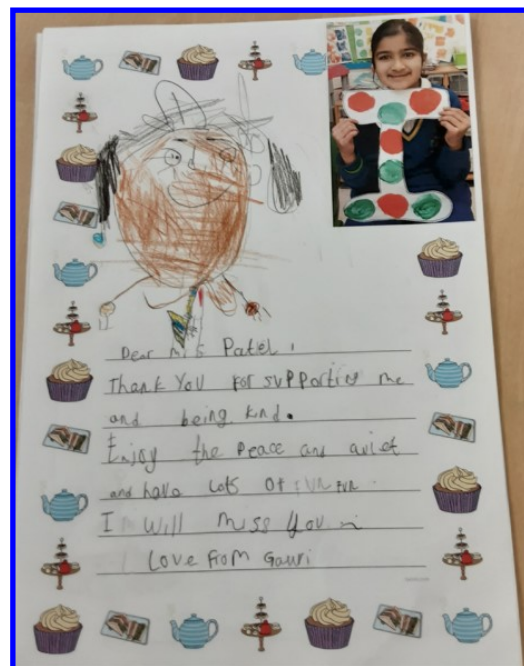


## Mrs Patel's Saplings Farewell Tea Party

On Thursday 25<sup>th</sup> January 2024, Saplings classes held a posh tea party so they could say a big thank you and goodbye to Mrs Patel.

The staff and children dressed for the occasion and drank tea, hot chocolate or squash poured from tea pots. Crackers were pulled and they all read out and listened to each other's facts or jokes.

Mrs Patel said it was the best tea party she had ever been to!



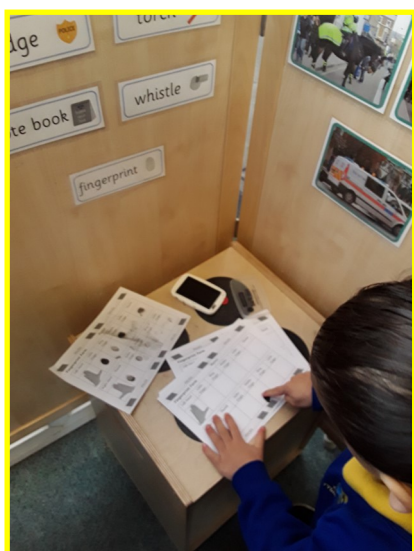
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**Nursery have been finding out all about the police.  
They had lots of fun pretending to be police officers.  
PC Johnny came to visit too!**



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**Reception have been learning about senses in geography. They went on a senses walk outside where they discussed what they could see, hear, touch and smell!**



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# Earlsmead Sports Page

**Our boy's football team participated in a football tournament this half-term and performed very well. We are very proud of their effort and results, winning 2 of the 4 games they played!**



**Our netball team made an excellent start to the league we are in, winning the first 2 games 10-1 and 11-1! They have just 2 more games to play. We have a great chance of making it through to the finals. All the best!**

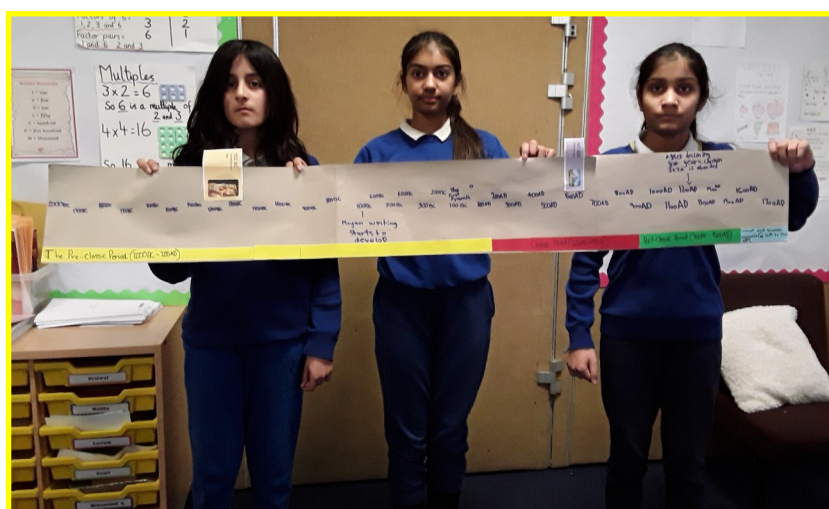




**Years 4 & 5 have been creating food art...**



**... and Year 6 have been creating timelines!**



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## Year 5 trip to London Aquarium



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Year 1 had a visit from Ms Martin who brought in her favourite childhood toy.



## Holiday Home Learning Project: What is Science?

We'd like the children to complete a 3D home learning project answering the question: **What is science?**  
Be as creative as you want, but here are some ideas to get you thinking:

- \* Make a model solar system in a shoe box.
- \* Make a papier-mache animal and label the body parts.
- \* Show the results of an experiment that you've designed and carried out.
- \* Create an artwork that shows how science has helped the world.

Many more ideas have also been shared by Ms Graham on the School Story. Please bring your wonderful creations in on the Tuesday and Wednesday after half term!

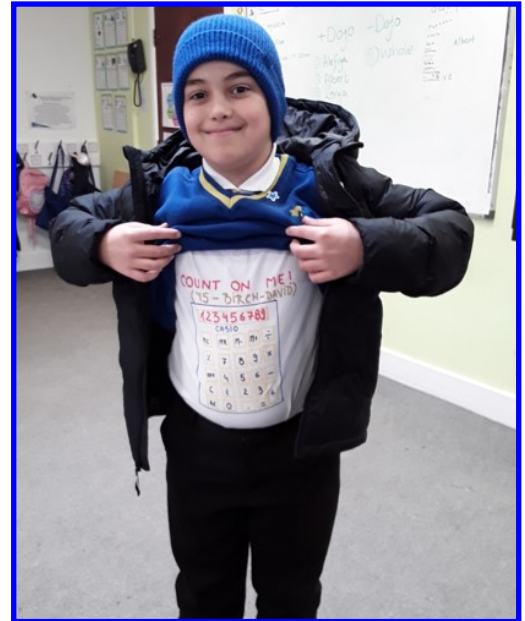


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## NSPCC Number Day– 2nd February 2024



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### Headache, Ear ache and Stomach ache?

Children can still go to school, just let the staff know that they feel poorly. If symptoms persist, seek medical advice.

## Should my Child go to School Today?

### Every Day Counts!



### Tonsillitis and Glandular Fever?

Should seek medical advice and children can return to school when they feel well enough.

### Temperature?

Children with a temperature over 37.5°C, should be kept at home. If symptoms persist— seek medical advice.

### Coughs, Sore Throats and Colds?

Children can still come to school, if they feel well enough. If your child is Asthmatic, they may need their blue inhaler more often.

### Head Lice?

Children can go to school with Head Lice, but they **MUST** be treated. To prevent further spread, parents/carers should treat their child, by wet combing with a nit comb.

### Diarrhoea and Vomiting?

Children can return to school 48 hours after the last episode of diarrhoea or vomiting.  
*Children cannot go swimming for 2 weeks after last episode of diarrhoea*

### Conjunctivitis?

After starting medical treatment, children can return to school. They should be encouraged to wash their hands to prevent further spread of infection.

### Chicken Pox?

Children can return to school after the last blister has burst and dried up. Please let the school know if your child has been diagnosed by the doctor, as pregnant members of staff can be affected.

### Flu?

Children can attend school when they are well enough. The flu usually lasts about 5 days.

### Measles and Rubella?

Children can return to school 7 days after the onset of their rash. Please let the school know if your child has been diagnosed by the doctor, as pregnant members of staff can be affected.

### Impetigo?

Children can return back to school once they are well enough and the lesions are dry, crusted and healed.

### Threadworm?

Children can attend school when they have started their treatment.

### Scabies?

Children can return to school after the first treatment. Others at home should be treated as well.

### Mumps?

Children can return to school 5 days from the start of swollen glands and if they feel well enough.



### Ringworm?

Children can attend school, once they have started treatment.

### Whooping Cough?

Children can return to school 5 day after starting antibiotics. Non-infectious coughing may continue for manu week

### Scarlet Fever?

Children can return to school 24 hours after starting antibiotics. If no treatment is given, they can be infectious for 2-3 weeks.

# LATENESS AND ATTENDANCE MATTERS!

## EVERY DAY COUNTS!

What to do if your child is absent.

**CALL US ON 0208 864 5546 BEFORE 9.30AM  
ON FIRST DAY OF ABSENCE.**



We attempt to contact home for any unexplained absences. This ensures that all our pupils are accounted for and safe, especially as some older children walk to school on their own.

**Each and every day at school is important for your child's future. We fill every minute of our pupil's time at Earlsmead. We want the best for each and every child!**



What to do if your child is late for school.

**OUR SCHOOL DAY BEGINS AT 8.45am. Gate opens at 8.40am.**

Lateness is a persistent problem at the school and we are hoping to reduce the amount of pupils who are late this term. Ultimately it is your responsibility as a parent/carer to ensure your child arrives to school on time, however we do realise that matters out of your control can affect your child getting to school at 8.45am. All we ask is that you do your best to get your child to school on time and let us know if there are any underlying problems preventing this. We are always happy to listen.



### **LATENESS MATTERS!**

Have you ever started trying to watch a T.V programme that has been on for 10 minutes? It's hard to get in to and we often just give up.

This is what it is like if your child misses the start of a lesson. Vital bits of information are gone and their confidence is undermined.



### **Thank You**

**Thank you to all those parents who contact school without delay if their children are late or unable to attend, for any reason.**

At Earlsmead we monitor children who are late to school and the frequency this occurs. In cases where a child persistently arrives at school after the register is closed (8:55am) and has received 8 Unauthorised Late Marks within a period of 10 weeks in term time, an Educational Penalty Notice (EPN) from the London Borough of Harrow will be issued.

# Fit4Life Harrow Charter

## Primary School Charter

Schools pledge to:



Include health and fitness at the centre of our curriculum



Provide healthy food across the school day



Ensure all packed lunches are healthy



Complete the school's part of Active 30:30 (an extra 30 minutes of exercise a day)



Achieve the Healthy Schools London Award



Ensure that interventions are in place to support pupil mental health and wellbeing



## Family Charter

Families pledge to:



Reduce the amount of sugary foods and drinks



Provide healthy snacks at the end of the school day



Exercise with children outside of school for at least 30 mins a day (Active 30:30)



Sign-up and regularly attend an NHS Dentist and ensure children brush teeth at least twice a day



Ensure children are up to date with vaccinations



Talk each day to children about how they are feeling and how their day went



LONDON BOROUGH OF HARROW

## Healthy Packed Lunches

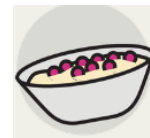
Get some fresh ideas for healthy packed lunches from the NHS here:

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/>



Please **DO NOT** pack any fizzy drinks, chocolate or crisps as they are ok for treat foods but not a healthy packed lunch.

**DO NOT** pack any foods containing nuts.



Please remember for the **safety** of the children, we are a **nut free** school.

Lunches should not include any food containing nuts eg. biscuits, cakes, or chocolate spreads like Nutella as many contain nuts.



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# **February Half Term Crash**

## **Course** at Northolt Leisure Centre

**Monday 12<sup>th</sup> of February to Friday 16<sup>th</sup> of February 2024**

	9am	9:30am	10am	10:30am	11am	11:30am
Sam	Stage 2	Stage 1	Stage 2	Stage 3	/	/
Danielle	Stage 3	Stage 4	Stage 2 7+	Stage 6+	Breaststroke & Butterfly Clinic (Stage 5+)	Stage 3
Adam	Stage 1	Pre School	Stage 4	Stage 2	/	/
Nicola	Stage 4	Stage 3	Stage 1	Stage 1	Stage 5	Starts & Turns (Stage 5 and above)
Morgan	Stage 1	Stage 1	Stage 3 confident (Swimmers in stage 3 who are afraid of the Main Pool)	Stage 4	/	/

**£30 for 5 days of Swimming**

**Book early our crash courses are a sell out!**

Crash Courses are a great way to introduce your child to the world of Swimming and help with moving up a stage, developing fundamental skills and a fun way to spend half term!

If you have any questions about our crash courses, Please email our swim manager at [oliviachalmers@everyoneactive.com](mailto:oliviachalmers@everyoneactive.com)

To book a place please see reception or call 02084237436





## Take part in 'Fizz Free February' 2024

Could you and your family give up fizzy drinks in February?

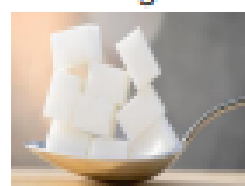
Taking part in 'Fizz Free February' is a great way to improve your health and reduce your sugar intake by consuming less fizzy drinks. It can also help you on your way to drinking less sugary drinks for the rest of the year.

- [More 5 to 9-year-old children are hospitalised due to tooth decay](#) than for any other reason.
- **How do I take part in Fizz Free February?**  
To join in, reduce or give up fizzy drinks for the whole month. We will be participating in 'Fizz Free February' with a visit at Northwick Park Hospital's main entrance on 20th February.
- **Why should I stop drinking fizzy drinks in February?**  
Fizzy drinks are the largest single source of sugar for children aged 11 to 18. Cutting out fizzy drinks is an easy way to reduce your sugar intake. Committing to going fizz free for the entire month of February will make it easier to cut down on fizzy drinks for the rest of the year.
- **Why is sugar bad for my health?**  
Excess sugar can lead to tooth decay and weight gain.

How much sugar should I have?

Sugar should not make up more than 5% of the total energy in your diet. This means the maximum daily amount of added sugar are:

- 4 to 6 years, 5 sugar cubes (19 grams)
- 7 to 10 years, 6 sugar cubes (24 grams)
- 11+ years, 7 sugar cubes (30 grams)



What can I do to encourage others to drink and eat less sugar?

- Challenge your friends to go Fizz Free! You can also encourage your friends and family [to make smart sugar swaps using the NHS Better Health for healthier families advice](#). Don't forget to share all the information on how sugar and fizzy drinks affect your health!



EARLSMEAD PRIMARY SCHOOL

# WE NEED YOUR HELP

We are looking for volunteers to help organise fundraising events. We always need extra hands to put on events, setting up, running stalls etc..

You can give as much as your time or as little, we are always grateful for any help we receive.

*Email [school@earlsmead.harrow.sch.uk](mailto:school@earlsmead.harrow.sch.uk)  
or via ClassDojo.*

*Alternatively, come and see me after school. I am based in Saplings 2 (Mrs Kaur)*

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# Wrap Around Care



## Earlsmead's Breakfast Club and After School Club



Earlsmead provides a fun, safe and friendly environment managed by our professional and caring staff, helping children develop to their full potential through social, physical and intellectual play.



Breakfast Club  
Monday – Friday  
8.00 – 8.45am  
£3.60 a morning  
(Breakfast included)

After School Club  
Monday - Friday  
3.15 – 5.00pm  
£3.60 an hour

For more information, please contact the school office or call on 02088645546



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