

USEFUL RESOURCES YOU CAN USE AT HOME

SAPLINGS 1

LITERACY

At home you could

- Read the book accompanied by the reading record that is sent home each week with your child. Sign it when you read and comment if you wish. You will keep the book for one week and return every Monday.
- **Read your child's library book to them.**
- Practise mark making and writing letters, CVC words using a range of materials (shaving foam, paint, flour, chalk, white board with pen).
- Join your local library, it is free.
- Look at objects in your house and ask **are they 'in, on or under'?**
- Look at and point to a calendar/ diary to show how the days of the week go in sequence.
- Talk about where you live.

Websites

<https://www.activelearnprimary.co.uk>

<http://www.primaryhomeworkhelp.co.uk/literacy/>

<http://www.bbc.co.uk/bitesize/ks1/literacy>

<https://www.phonicsplay.co.uk/>

MATHS

At home you could

- Count items on a washing line, help to take the washing down or peg up, counting as you go along.
- On a calendar or diary, count down how many days to go till the weekend or an exciting day out. Point to a day and ask what the date is (number).
- Practice counting backwards from 30-0.
- Say a number to your child and ask **them to say 'one more' and 'one less'**.
- Practice simple additions and subtractions – encourage your child to use their fingers if they need to.
- Practice writing numbers up to 30 in neat writing.
- Sort your shopping and count how many items you have e.g. group all the fruits and count how many.
- Count up in 2's, 5's, 3's, group objects.
- Match numbers 0-10, 10-20 to their number names.

Websites

<https://www.activelearnprimary.co.uk>

<http://www.primaryhomeworkhelp.co.uk/maths/index.html>

<http://www.bbc.co.uk/bitesize/ks1/maths/>

<https://www.topmarks.co.uk/>

FINE MOTOR

At home you could

- Encourage your child to squeeze, stretch, **pinch and roll 'snakes' or 'worms'** with the play doh. Try to also cut the play doh with scissors.
- **Race moving rice or cheerio's** with tweezers from one bowl to another. Can you beat your time?
- Stick pipe cleaners into a colander

<https://theimaginationtree.com/40-fine-motor-skills-activities-for-kids/>

OT

- Jump on a trampoline
- Encourage your child to carry some shopping bags
- Play the game 'Twister'

<https://www.merakilane.com/occupational-therapy-activities-and-tips-for-kids/>

CALMING TECHNIQUES

- Mindfulness colouring pictures
- Take five minutes to listen or watch on YouTube calming music
- Try out Cosmic Yoga as a family

<https://www.youtube.com/watch?reload=9&v=qFZKK7K52uQ>

ENGLISH

The Something by

Rebecca Cobb

Speaking and Listening

- Ask and answer 'wh' questions (who, what, when, where, why, how)
- Structure language using (first, next, then, last)
- Give an opinion with a reason and listen to others opinions
- Recall information

Reading

- Make predictions about possible events. Use prior knowledge and reading experiences to understand texts.
- Ask questions to clarify understanding.
- Find favourite words and phrases.
- Retell stories with the key events in the correct sequence.
- Use of inference skills

Writing Including Grammar

- Form lower case and capital letters correctly
- Write ascenders/ descenders correctly.
- Spell using the phonemes/ high frequency words we have learnt
- Orally rehearse what they want to write.
- Use taught structure (first, next, then, last)
- Clear spacing and on the line
- Use noun phrases within writing
- Use adjectives within writing
- Use conjunctions within writing



MATHEMATICS

Matching and sorting

- Match objects/ picture to objects
- Sort objects by type
- Compare amounts

Measure and Patterns

- Compare size, mass and capacity
- Explore/ create simple patterns

PE

- Fundamental movement skills - travelling
- ABC of movement skills

COMPUTING

Grouping data

- ◆ Collecting and grouping data
- ◆ Presenting data
- ◆ Online safety

ART

Making your mark

- Use drawing observation skills
- Using mixed media
- Describe shapes and materials
- Collage
- Investigate texture and lines
- Design and creating

Year 1

HISTORY

How am I making history?

- Developing understanding of personal chronology.
- Learning about personal history.
- Comparing what school was like for children in the past.
- Changes and similarities

SCIENCE

Animals including humans

- Mammals, amphibians, birds, reptiles, fish
- Carnivores, herbivore, omnivore
- Basic needs of animals
- Compare and contrast different animals

MUSIC

- Rhythm In The Way We Walk
- The Banana Rap

RE

How did the world begin?

- **Key question:** What do I believe?
- The Creation Story
- God/Creation
- Nature

PSHE

Me and my relationships

- Why we have classroom rules
- How are you listening?
- Thinking about feelings
- Our feelings
- Feelings and bodies
- Good friends