

## USEFUL RESOURCES YOU CAN USE AT HOME

## SAPLINGS 1

### LITERACY

#### At home you could

- Read the book accompanied by the reading record that is sent home each week with your child. Sign it when you read and comment if you wish. You will keep the book for one week and return every Monday.
- **Read your child's library book to them.**
- Practise mark making and writing letters, CVC words using a range of materials (shaving foam, paint, flour, chalk, white board with pen).
- Join your local library, it is free.
- Look at objects in your house and ask **are they 'in, on or under'?**
- Look at and point to a calendar/ diary to show how the days of the week go in sequence.
- Talk about where you live.

#### Websites

<https://www.activelearnprimary.co.uk>

<http://www.primaryhomeworkhelp.co.uk/literacy/>

<http://www.bbc.co.uk/bitesize/ks1/literacy>

<https://www.phonicsplay.co.uk/>

### MATHS

#### At home you could

- Count items on a washing line, help to take the washing down or peg up, counting as you go along.
- On a calendar or diary, count down how many days to go till the weekend or an exciting day out. Point to a day and ask what the date is (number).
- Practice counting backwards from 30-0.
- Say a number to your child and ask **them to say 'one more' and 'one less'**.
- Practice simple additions and subtractions – encourage your child to use their fingers if they need to.
- Practice writing numbers up to 30 in neat writing.
- Sort your shopping and count how many items you have e.g. group all the fruits and count how many.
- Count up in 2's, 5's, 3's, group objects.
- Match numbers 0-10, 10-20 to their number names.

#### Websites

<https://www.activelearnprimary.co.uk>

<http://www.primaryhomeworkhelp.co.uk/maths/index.html>

<http://www.bbc.co.uk/bitesize/ks1/maths/>

<https://www.topmarks.co.uk/>

### FINE MOTOR

#### At home you could

- Encourage your child to squeeze, stretch, **pinch and roll 'snakes' or 'worms'** with the play doh. Try to also cut the play doh with scissors.
- **Race moving rice or cheerio's** with tweezers from one bowl to another. Can you beat your time?
- Stick pipe cleaners into a colander

<https://theimaginationtree.com/40-fine-motor-skills-activities-for-kids/>

#### OT

- Jump on a trampoline
- Encourage your child to carry some shopping bags
- Play the game 'Twister'

<https://www.merakilane.com/occupational-therapy-activities-and-tips-for-kids/>

#### CALMING TECHNIQUES

- Mindfulness colouring pictures
- Take five minutes to listen or watch on YouTube calming music
- Try out Cosmic Yoga as a family

<https://www.youtube.com/watch?reload=9&v=qFZKK7K52uQ>

## ENGLISH

*The Something by*

*Rebecca Cobb*

### Speaking and Listening

- Ask and answer 'wh' questions (who, what, when, where, why, how)
- Structure language using (first, next, then, last)
- Give an opinion with a reason and listen to others opinions
- Recall information

### Reading

- Make predictions about possible events. Use prior knowledge and reading experiences to understand texts.
- Ask questions to clarify understanding.
- Find favourite words and phrases.
- Retell stories with the key events in the correct sequence.
- Use of inference skills

### Writing Including Grammar

- Form lower case and capital letters correctly
- Write ascenders/ descenders correctly.
- Spell using the phonemes/ high frequency words we have learnt
- Orally rehearse what they want to write.
- Use taught structure (first, next, then, last)
- Clear spacing and on the line
- Use noun phrases within writing
- Use adjectives within writing
- Use conjunctions within writing



## MATHEMATICS

### Place Value

- Numbers to 20
- Count objects to 100 making 10's
- Recognise tens and ones
- Place value charts
- Partition numbers to 100
- Write numbers to 100
- 10's on a number line to 100
- Estimate numbers
- Count in 3's

## PE

### Hockey, Dance and swimming

- Dribbling skills
- Receiving and sending skills
- Explore movements
- Plan, create, rehearse and perform, dance movements

## COMPUTING

### Computer Networks

- How does a digital device work?
- What parts make up a digital device?
- How do digital devices help us?
- How am I connected?
- How are computers connected?

## DT

### Textiles: Cross-stitch and appliqué

- Design and make own cushion using cross stitch and applique.

## Year 3



## GEOGRAPHY

### What are rivers and how are they used?

- Learning about rivers
- Their place in the water cycle
- Name and location of major rivers and how they are used.

## SCIENCE

### Animals Including humans

- Nutrients and the role that these nutrients play in keeping our bodies healthy
- Human and animal skeletons and muscles
- Ask and answer questions about the human body and diet
- Carry out investigations

## PSHE

- What makes a good friend?
- How to solve problems between friends?
- Looking after our special people

## MUSIC

### Weekly recorder lessons:

Letters of the music alphabet, learn to play by covering holes on the recorder, learn songs by practising patterns.

## FRENCH

### Myself

- say our name, gender, age, birthday
  - name months & days & count to 31
- through a variety of activities including songs, pair talk & word searches

### What makes us human?

Humanism,  
Sanatana Dharma ,  
Christianity,  
Buddha Dhamma