

# Helpful resources you can use at home

## LITERACY

### **Suggested trips**

Visit the local library (Northolt Road, South Harrow) and become a member. It is free and you can borrow lots of books to take home.

### **At home you could**

- Use lots of different types of pens, pencils, crayons to draw or make marks on different types of paper.
- Read books together. Talk about the pictures and what is happening in them.
- Let your child see you read books for pleasure too.
- Give your child a shopping list of pictures to help you with the supermarket shop.
- Sing songs and nursery rhymes.
- Listen to the different sounds you can hear. What made the sound? Can you make the sound?

### **Websites**

<https://www.bbc.co.uk/cbeebies>

<https://literacytrust.org.uk/early-years/>

<https://www.bbc.co.uk/cbeebies/curations/fun-activities-for-toddlers-and-preschoolers>

## MATHS

### **At home you could**

- Sing counting rhymes.
- Practice counting 1 – 5
- Ask your child to count objects (to 5) Encourage them to touch them as they count.
- Look out for circle shapes in your house. (a circle is a flat shape, not a ball)
- Talk about objects that are bigger and smaller than each other.
- Begin to use words now and next to say what you are doing.

### **Websites**

<https://www.topmarks.co.uk/maths-games/3-5-years>

## Other activities

### **Suggested trips**

- Visit the park, woods, pet shop, lido and talk, talk, talk about what you are doing and what you can see. What sounds can you hear? Can you make the sound?

### **At home you could**

- Practise putting coats and shoes on and off.
- Practise using the toilet (including pulling trousers up and down) and washing hands independently.
- Make a sandwich or a cake together.
- Play I spy but use colours instead of letters “I spy with my little eye, something coloured blue”
- Look at photos and videos of themselves and family members. Do they know who they are?
- If you start to help your child write their name, please write in lower case letters with a capital for the first letter only.

## Literacy

- Mark making using different materials – pens, pencils, crayons, paint
- Learning and joining in with nursery rhymes
- Becoming interested in books and pictures
- Look at books independently, handling them gently
- Begin to recognise their own name

## **Phonics: Phase 1**

- Listening to, recognising and talking about sounds in the environment.
- Making sounds in different ways.

## Mathematics

- Recite numbers to at least 5
- Count 1:1 – point at objects and count them accurately
- Join in with number rhymes
- Begin to understand now and next by talking about the activities of the day
- Sort objects by size and colour
- Fill and empty containers
- Uses blocks to build shapes
- Finds shapes to fit in a puzzle

Please remember to check Class Dojo as activities for you to do at home will be posted on there. Some will need to be brought into nursery for your child to share with their peers.

## Books we are reading this half term:

- Superheroes Love Starting Nursery
- Heads, Shoulders, Knees and Toes
- If You're Happy and You Know It
- Anna's Amazing Multi Coloured Glasses
- Washing Line
- Our whole school book week focus is "Tuesday"



# Nursery

Autumn 1 2025

## This Is Me!

## Personal, Social and Emotional

- Settling into nursery, learning and beginning to follow rules, routines, expectations and boundaries
- Begin to recognise how their behaviour may have consequences
- Explore and interact with new environments and people
- Make new friends
- Begin to develop some independence
- Begin to show and recognise different feelings

## Physical Development

- Develop fine motor skills – finger gym, threading
- Develop gross motor skills – getting dressed, running, jumping etc

## Communication and Language

- Listen to and begin to join in with rhymes
- Understand simple sentences
- Understand and follow simple non-verbal cues and instructions
- Understand and follow simple verbal cues and instructions
- Copies simple words and phrases
- Begin to talk about things they like or can see
- Games to encourage listening and concentration

## Understanding the World

- Getting to know nursery
- Naming parts of the body and our senses
- Recognises themselves and their family in photos. Talk about their family.
- Shows curiosity about things around them
- Learn about different festivals - Harvest and Diwali
- Black History month
- Changing seasons - Autumn

## Expressive Art and Design

- Move to music
- Role play activities using small world, construction and home corner
- Make sound effects for their play
- Singing nursery rhymes with actions or musical instruments
- Use a variety of mark making tools